

2020 Age Groups for Awards – Male and Female

Marathon	Half	10K	5K
1-18	1-18	1-18	1-18
19-30	19-30	19-30	19-30
31-40	31-40	31-40	31-40
41-50	41-50	41-50	41-50
51-60	51-60	51-60	51-60
61-70	61-70	61-70	61-70
71-80	71-80	71-80	71-80
81+	81+	81+	81+