



**Prescott YMCA Whiskey Row Marathon
Al Clark Memorial Award
Presented to Dan Pemble
May 4, 2013**



Briefly describe nominee's connection with the Whiskey Row Marathon. (include distance, # of years, volunteerism, event, etc.) Dan has participated in the half marathon and 10K. He has volunteered to set up the course at 3:00am for the past few years. He has also had his track team participate in Whiskey Row.

Briefly describe nominee's running history. (include distance, # of years, volunteerism, team training, etc.) Dan ran high school / college cross country. Dan has run several races including Boston Marathon. Dan loves any sort of running in the Grand Canyon including Rim to Rim. He is always willing to organize a run in the Canyon.

Explain why this nominee would be a deserving candidate for the Al Clark Memorial Award. Dan truly loves running!! He spreads his passion by putting endless running opportunities for youth together.

Give an example of the nominee's "spirit of determination". Dan has run the trails of the Grand Canyon countless times. He has a yearly tradition of hiking Mt. Humphrey's at 2am, then biking to the South Rim and then running to the North Rim in the same day!!

Describe one way that the nominee has helped others "run for the fun of it". Heidi Schuette was running the "Crown King Scramble", Dan biked and camped in the snow to Crown King. He then ran 8 miles down to Heidi and helped her finish the 50K race!

List examples of at least one of the following: the nominee's involvement in nature preservation/appreciation, positive attitude, storytelling traditions. Along with all of Dan's dedication to the youth and the community of running, Dan has also volunteered endless hours on building and maintaining trails in the Prescott area.