## Presented By

ค) Dignity Health.<br>Yavapai Regional Medical Center

45

## Race Information

October 14, 2023

## Full Marathon

Half Marathon
10K
5K
. 3 Mile High Fun Run

REGISTER AT:
WHISKEYROWMARATHON.COM

# OCTOBER 14,2023 

## 112 S Montezuma St. Prescott, AZ 86301



## Bib Pickup Information

Friday, October 13th, 2023
Prescott YMCA 3:00pm-7:00pm
Saturday, October 14th, 2023
Matt's Saloon 5:00am-8:00am

Day of Registration

As an Arizona running tradition for 44 years, the Whiskey Row Marathon is among the toughest races in the country. Featuring rugged terrain, an altitude in excess of one mile above sea level and, on occasion, severe weather, it's challenging, fun and offers a number of running routes for runners of all skill and fitness levels, including a marathon, half marathon, 10k, 5K and $\mathbf{.} 3$ Mile High Fun Run.

Come join runners from all over the county in this prestigious event and show your friends and family that you were "Tough Enough"

## Race Day Information

Saturday, October 14th, 2023
Marathon Early Start 5:00am Marathon 6:00am Half Marathon 7:00am

10K 7:30am
5K 8:00am
. 3 Mile High Fun Run 7:10am

## RACE OVERVIEW

## Start \& Finish Location

Start line will be at The Palace on historic Whiskey Row

## 120 S Montezuma St, Prescott, AZ 86303

Finish line is the Cortez St, \& Union St. intersection

## Parking

Vehicles will not be allowed to park at the Courthouse Plaza on the morning of the race. The adjacent streets will be closed to traffic after 5 a.m. Please use parking spaces on South Granite, North Montezuma, and West Goodwin Streets, any other streets farther out, or the parking garage on South Granite (parking fees may be charged in the garage for Special Events).All racers will start on one side of the downtown Courthouse Square (Montezuma St. "Whiskey Row"), and finish on the opposite side of the Courthouse on Cortez St. (only one block away).

## Restrooms

We will have "porta potties" at the start, finish, and some of the water stations.

## Weather

Even in inclement weather, we will still host the race. There are no refunds due to weather.

## Water Stations

There will be nine staffed and equipped water stations positioned along the course. There are paper cups at the stations.They will provide runners with water, Gatorade, fruit and first-aid supplies, as well as a range of other items, such as Vaseline, shoelaces, safety pins, toilet paper and hand sanitizer. Marathon has 8 water stations, Half Marathon has 4 water stations, 10 K has 3 water stations, 5 K has 1 water station.

## Medical

Emergency vehicles will be roaming the course throughout the race. Lifeline Ambulance Service will be at the start/finish and on the course. There is a first aid tent at the finish line.

## Post Race Showers

The Prescott YMCA is open Saturday 8 a.m. - 6 p.m. for post-race showers, swimming or fitness workouts at no charge to race participants. Bring your race number and show it to Membership Staff for free entry

## RACE OVERVIEW

## Change or Drop Race

You may change your race when you pick up your race packet. If the race you've registered for is more expensive, you will be responsible for the difference. No refunds will be available when changing to a lower-priced race. No refunds are offered if you are unable to participate. We do not allow race entries to be transferred or substituted to other people. If you need to drop out of the race, please give your name and race number to a volunteer at one of the water stations. They will be available to communicate any needs to event staff.

## Race Timing

Your race number has your ChronoTrack Timing Chip built in. Securely fasten your race number to the front of your running shirt. Your race number is nontransferrable and may only be worn by you. Do NOT alter your race number in any way. Timing is done by Raceplace Event Systems via the "Chrono Track Chip." Chips are built into your race numbers. . 3 Mile participants are not timed and therefore will not require a timing chip. Race results will be available at www.raceplaceevents.com within 24 hours of the event. The link will be listed on Whiskeyrowmarathon.com home page/

## Bib Pickup

Your friend/family can pickup your bib. They will need to know your birthdate and correct spelling of your name.

Full Marathoners who pre-register for the event will receive a long-sleeved "technical" running shirt. Half marathoners will receive a short-sleeved "technical' running shirt. 10K, 5 K will receive a short-sleeved $t$-shirt featuring a commemorative design. The 3 Mile High Fun Run will receive at-shirt; $t$-shirts available for purchase. Dated race shirts may be purchased at the Refreshment Garden. You may not change long sleeve for short sleeve or vice versa. Other Whiskey Row Marathon merchandise for purchase will be available at packet pickup and after the race near the refreshment garden. Items such as hats, socks, beanies, $t$-shirts and technical shirts will retail for \$10-\$50 approximately.

## Valuables Check

You may leave valuables at our "Gear Check" area near the start line and pick them up at the refreshment garden. You may also leave clothing at any of the nine water/aide stations along the course. These items will be returned to the James Family Prescott YMCA and may be picked up on Sunday, October 15, at noon.
(Complimentary service.)

## Course Markings

The course will be well marked and volunteers will be directing racers at intersections. The City of Prescott Police Department will man the main intersections.

The course is paved the first and last 5 miles. The rest is run on Forest Service dirt roads.

Marathon has 1-13 mile markers. First half how many miles run. Second half how many miles to go. There will be lime yellow cones as mile markers. Once you are in the more rural parts of the Marathon and Half Marathon blue "WRM" flags will be marking the course.

## Walking The Course

Just keep in mind that the course officially closes at noon. As long as you can finish the race before noon, you will be fine. We encourage walkers, first-time racers, "woggers" and any combination thereof to participate, get outside and enjoy the fun.


## The Basics

Strollers are allowed. Start at the back of the pack and keep single file.

Electronic music devices are allowed. When choosing to wear headphones please be respectful of runners trying to pass.

NO pets allowed, assistance animals are permitted.

Bicycles, skateboards, roller blades, "heelies," scooters, segways, hover boards, etc. are not permitted on the course.

Please be respectful of the race staff, volunteers, trails, and the forest.

Trekking Poles are allowed.

## AWARDS INFORMATION

## Award Times

This year all awards will take place during these approximate award ceremony times:

5K: 9:00am, 10K: 9:15am
Half-Marathon: 10:00am
Marathon: 10:30am
Awards will happen on Cortez St. Subject to change.
if you aren't able to make the awards you medal can be shipped with a $\mathbf{\$ 7 . 5 0}$ shipping/processing fee. Please e-mail Jaime DeJoseph, Race Director at wrm@prescottymca.org for details.

## Race Results

Race results will be available at www.raceplaceevents.com within 24 hours of the event. The link will be listed on Whiskeyrowmarathon.com home page/

There are finisher medals for the full marathon, halfmarathon, 10k, and 5k.

## Overall male and female

 winners in the marathon, half-marathon, $\mathbf{1 0 K}, 5 \mathrm{~K}$ will win non-monetary awards.

Sierra Prieta Overlook Water Station \#5 @Mile 9.60 6:30am - 11:30am
Go out Thumb Butte Road, 5.3 miles past Thumb Butte Park. Turn left on dirt road to the overlook. This can be a cold and windy location. (Full)

Juniper Tree Water Station \#6 @Mile 11.96
Under the big Juniper Tree Near Trail Head \#333 (Full)

Full Marathon Turn Around Water Station \#7 @Mile 14.30 7:00am - 10:30am
Top of Dearing Park Rd. on right. Just before the speed limit sign. (Full)

Copper Basin Water Station \#8 1 Mile from Finish line 7:00am-12:00pm 1 Mile from the Finish at the corner of White Spar \& Copper Basin (5K/10K/Half/Full)

## Nivi Marathon Prescott arizoni 26.2 MILES

## Start Time

Early Start: 5am
Start: 6am
Course closes at 12pm

## Course Description

-Start on Montezuma in front of Palace Bar heading South
-Turn West (right) on Goodwin
-Stay left onto Summit which turns into Glenwood
-Turn North (right) on Park
-Turn West (left) on Glendale
-Turn East (sharp right) on Coronado
-Turn North (left) on Park
-Turn West (left) on Gurley
-Turn South (left) on Hassayampa Village Ln
-Turn West (right) on Copper Basin
Continue onto Forest Service dirt road
-Turn North (right) on Thumb Butte Park Road -Turn West (left) on Dearing Park Road where the dirt meets the pavement
-Turn around at Water Station \#7 at the top of Dearing Park Rd where the Speed limit sign sits -Re-trace your steps back to Hassayampa Village Ln
-At Hassayampa Village Ln continue straight on Copper Basin
-Turn North (left) on White Spar
-Turn East (right) on Goodwin and continue to the finish line on the Cortez St.

This out-and-back course is considered one of the most challenging in the United States. Starting at 5,280 feet, the elevation increases to 7,000 feet over the first seven miles, then down to 5,600 feet at the $\mathbf{1 3 - m i l e}$ turn around. The course is paved road for the first and last five miles, while the rest of the running route is a trail race on a dirt road maintained by the US Forest Service.


Full Marathon Course Map Scan for interactive map

## Cost <br> \$100

\$110 After 7/15/23
\$120 After 8/15/23

## Course Markings

Lime green mile marker cones will be marking the course. Once you reach more rural areas there will be blue "WRM" flags to help you stay on track.


This out-and-back course is considered one of the most challenging in the United States. Starting at 5,280 feet, the elevation increases to $\mathbf{6 , 3 0 0}$ feet over the first seven miles, then down to $\mathbf{5 , 6 0 0}$ feet. The course is paved road for the first and last five miles, while the rest of the running route is a trail race on a dirt road maintained by the US Forest Service.

## Start Time

Start: 7am
Course closes at 12pm

## Course Description

-Start on Montezuma in front of Palace Bar heading South
-Turn West (right) on Goodwin
-Stay left onto Summit which turns into Glenwood
-Turn North (right) on Park
-Turn West (left) on Glendale
-Turn East (sharp right) on Coronado
-Turn North (left) on Park
-Turn West (left) on Gurley
-Turn South (left) on Hassayampa Village Ln
-Turn West (right) on Copper Basin
-Continue onto Forest Service dirt road
-Turn around at Water Station \#4 Aspen Creek Trail Head \#48
-Re-trace your steps back to Hassayampa Village Ln
-At Hassayampa Village Ln continue straight on Copper Basin
-Turn North (left) on White Spar
-Turn East (right) on Goodwin and continue to the finish line on Cortez St.


## Course Markings

Lime green mile marker cones will be marking the course. Once you reach more rural areas there will be blue "WRM" flags to help you stay on track.

This out-and-back course is considered one of the most challenging in the United States. Starting at 5,280 feet, the elevation increases to 5,700 feet over the first three miles, then down to 5,600 feet. The course is paved road.

## Start Time

Start:7:30am<br>Course closes at 12pm

## Course Description

-Start on Montezuma in front of Palace Bar heading South
-Turn West (right) on Goodwin
-Stay left onto Summit which turns into Glenwood
-Turn North (right) on Park
-Turn West (left) on Glendale
-Turn East (sharp right) on Coronado
-Turn North (left) on Park
-Turn West (left) on Gurley
-Turn South (left) on Hassayampa Village Ln
-Turn East (left) on Copper Basin
-Turn North (left) on White Spar
-Turn East (right) on Goodwin and continue to the finish line on Cortez St.


## 10K Course Map

Scan for interactive map

## Cost

\$60 Adult 16+
\$70 Adult 16+ After 7/15/23
\$80 Adult 16+After 8/15/23
\$50Youth
\$60 Youth After 7/15/23
\$70 Youth After 8/15/23

## Course Markings

Lime green mile marker cones will be marking the course.


## This course is a loop and paved road.

## Start Time

Start: 8am<br>Course closes at 12pm

## Course Description

-Start on Montezuma in front of Palace Bar heading South
-Turn West (right) on Goodwin
-Stay left onto Summit which turns into Glenwood
-Turn South (left) on Park
-Turn West (right) on Country Club
-Turn South (left) on Highland
-Turn East (left) on Copper Basin
-Turn North (left) on White Spar
-Turn East (right) on Goodwin and continue to the finish line on Cortez St.

\$40 Adult 16+
\$50 Adult 16+ After 7/15/23
\$60Adult 16+After 8/15/23
$\$ 30$ Youth
\$40 Youth After 7/15/23
\$50 Youth After 8/15/23

MILE HIGH FUN RUN

## Start Time

Start: 7:10am
Course closes at 12pm

## Course Description

-3 Mile Dash from the start line on historic Whiskey Row to the finish line on the Cortez St.

. 3 Mile High Fun Run Course Map


## Cost

\$10
\$15 After 7/15/23
\$20 After 8/15/23

# Volunteering 

Not a runner? Volunteer for the Whiskey Row Marathon. Sign up at https://whiskeyrowmarathon.com/volunteer.

Oct 4 WED 8:00-12:00pm YMCA Studio E Bag Stuffing
Oct 13 FRI 2:45-5:30pm YMCA Gymnasium Registration
Oct 13 FRI 5:30-7:00pm YMCA Gymnasium Registration
Oct 13 FRI 7:00-9:00pm YMCA Gymnasium Load-Up Registration
Oct 14 SAT 4:00-5:00am Course Set-Up Course/Water Stations
Oct 14 SAT 4:00-7:00am Cortez Street Set-Up
Oct 14 SAT 4:00-8:00am Matt's Saloon Registration
Oct 14 SAT 6:30am-12:00pm Cortez Street Refreshment Garden


Oct 14 SAT 6:30am-12:00pm Cortez Street Massage Therapist
Oct 14 SAT 7:15am-12:00pm Cortez Street Finish Line
Oct 14 SAT 5:30am-8:30am Gurley St Water Station \#1 Man Water Station
Oct 14 SAT 5:45am-10:30am Hassayampa Water Station \#2A Man Water Station
Oct 14 SAT 5:45am-11:45am Hassayampa Water Station \#2B Man Water Station
Oct 14 SAT 5:45am-11:30am Forest Service Rd. Water Station \#3 Man Water Station
Oct 14 SAT 6:15am-11:30am Half Turn Water Station \#4 Man Water Station
Oct 14 SAT 6:30am-11:30am Sierra Prieta Water Station \#5 Man Water Station
Oct 14 SAT 6:45am-11:30am Juniper Tree Water Station \#6 Man Water Station
Oct 14 SAT 7:00am-11:00am Full Turn Water Station \#7 Man Water Station
Oct 14 SAT 7:00am-12:00pm Copper Basin Water Station \#8 Man Water Station
Oct 14 SAT 7:30am-9:00am 5K Intersections Direct Runners
Oct 14 SAT 7:15am-9:30am 10K Intersections (Park \& Glenwood) Direct Runners
Oct 14 SAT 6:45am-7:30am Half Marathon (Summit/Glenwood Split) Direct Runners
Oct 14 SAT 6:30am-11:30am "Hassayampa \& Copper Basin" Direct Runners
Oct 14 SAT 11:00-4:00pm Cortez St./YMCA Post Race Clean-Up


## Thank You For Participating



Proceeds from this race will go directly into the scholarship fund at the James Family Prescott YMCA. This fund provides families in financial need to participate in childcare, swimming lessons, youth sports and gymnastics classes. Your participation in this race not only promotes your personal health, but also promotes the overall health of the Prescott Community.

## Race Committee

A Special thanks go to our committee who volunteers countless hours leading up to and on race day.

> Thank you! The James Family Prescott YMCA appreciates your participation in the Whiskey Row Marathon. We look forward to seeing you at the race - and for years to come.

## 2024 Race Date - Celebrating 46 years!! TBD

